



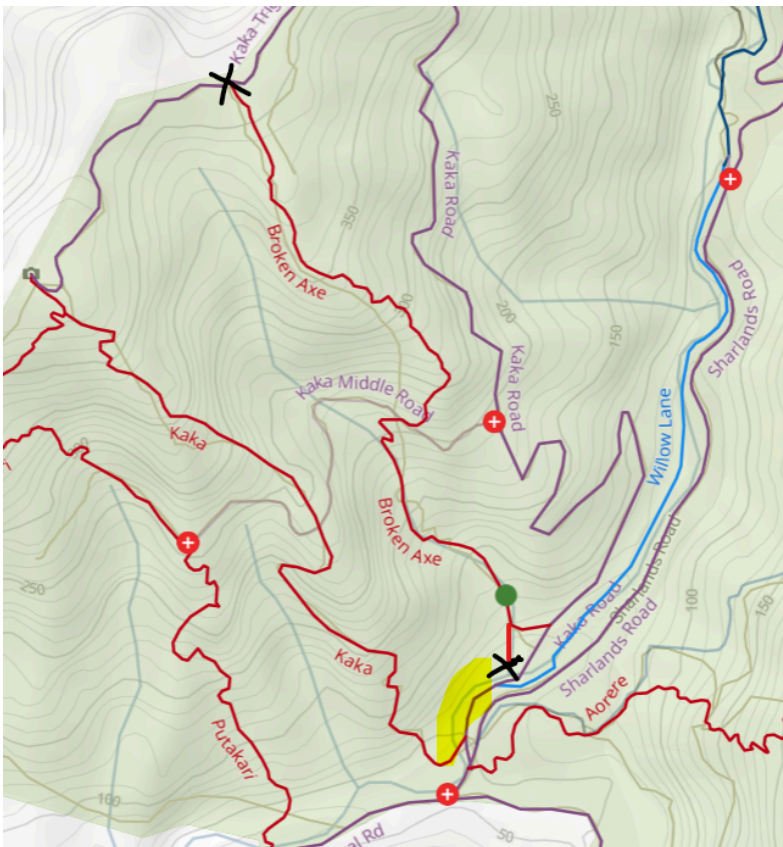
Nelson Mountain Bike Club Event Health and Safety Plan

Event: Top Of The South Downhill

Date: 29th of September 2024

Location : Broken Axe, (45 Sharlands Forest RD) Hira Forest , 7017

Course Map:



Ambulance pick up points are labeled with White cross/ Red circle shown in red.

Event Manager

Name: Tayla Carson

Tel: 027 226 2431

Email: events@nelsonmtb.club

Schedule

Optional practise shuttle day Saturday 28th September

One medic, timer practicing, no marshalls.

Sunday 29th September 2024- All riders/catagories

Time	Race	Action
7:30am	Vollys	Marshalls, first aid briefing
7:45am	Riders	Registration open
8:15am	rego Vollys	Marshal/Medic uplift
8:30am	Riders rego	Registration closed
8:45am	Riders	Briefing for the day
9:00am	Riders shuttle	First uplift for all riders
9:15am	Practice	Track open for first practice (all riders must do at least 2 runs)
12:15pm	Practice	Practice closed for all riders
12:15-12:45pm	Lunch	Compulsory lunch break for all riders (no riders on course)
12:50pm	Riders	Race briefing for all riders 12:50-1:00pm(compulsory for all riders)
1:00pm	Riders shuttle	First uplift for riders for seeding runs
1:15pm	Seeding runs start	First seeding runs for first categories (age order)
2:30pm	Seeding finished	Seeding finished, head straight back up for race runs.

3:00pm	Race runs	Race runs start, same category order (riders drop based off seeding order)
4:30pm	Prize giving	Prize giving!

Course

Broken Axe Trail - accessed via shuttle up Kaka Road.

Setup Location

Event Village Set up at the bottom of the Broken Axe Trail and Kaka DH Skid (kaka car park)

Key Health and Safety Considerations

First Aid – Managing Potential Injury

Philosophy – all NMTBC events are treated as sites where response and extraction of any injuries is a specialty.

Control Measures:

- Peak safety on site as first response team, having a minimum of one person qualified to an advanced paramedic level, with appropriate pain relief and extraction equipment. All injury response situations managed by the Medic team, with support from PHEC trained event staff
- The need for any relevant safety equipment required of participants clearly articulated before the event through Race program
- Competitors fully briefed on race procedure and any potential hazards before race start
- Course to be taped and marked as per MTBNZ guidelines
- Spectators areas to be taped and clearly marked
- All marshals, medics and event staff will have radio comms at all times.
- Marshal and medic locations on course clearly marked through map and identifiers on trail. ● All marshals are to wear vests, have flags and carry a whistle. They will use flags for practice/ Race runs to advise Riders of issues. They will blow the whistle when a rider is approaching to advise next marshal and warn spectators.
- Flags are also used to identify if a rider has crashed and radio communication can be immediately instigated.

Road closure and use - Due to the narrow natured roads, certain forrest roads will be closed to other users for the duration of the event unless required for emergencies. This will be done with the use of marshalls and signage. All shuttling will be done in accordance with the NMBTC Shuttle Policy. Note that the general Sharlands area will still be accessible to the public and other recreational users. Event notification will be published through the media.

Other Recreational Users – Managing Conflict

Philosophy – all NMTBC event venues are treated as if there may be other members of the public using the area, even with event closures in place.

Control Measures:

- Signs on any multi use trails two days out from date of event, advising of the event.
- Marshals at key points along the race course including any intersections that may act as feeders into the event
- Event signage on public roads directing participants into the event site
- Caution or closure signage at any main feeder trails into the event site
- Trail closures on Trailforks

Bunting tape & arrows set-up clearly identifying the event course, closing all diverging or converging trails and intersections not being used by the event.

Fire Safety – Managing Fire Risk

Philosophy – all NMTBC events are Smoke Free.

Control Measures:

- Smoke free requirements will be clearly articulated in the event entry form and also at the event briefing
- Participants and spectators must comply with the Smoke Free requirements.
- Marshals are empowered to remove any spectators who do not comply with Smoke Free provisions.
- All powered event equipment (generators etc) set up appropriately.
- Any flammable or explosive products (e.g. fuel and gas) will be stored appropriately.
- 2 Fire extinguishers on site (located within specific vehicles).
- In times of elevated fire risk status, the relevant precautions as advised by the Fire and Emergency NZ/Tasman Pine Forest Limited and land owners are put in place and adhered to.
- Evacuation point identified (Sharlands carpark). Riders and spectators to be briefed prior to event.

Communication – Managing Event Staff

Philosophy – all NMTBC events require an efficient and effective means of communication between all event staff.

Control Measures:

- NMTBC provides a PRS radio set for all of its events, to be used by event staff, marshals and first aid team where deemed necessary.
- NMTBC will ensure that the PRS radios are fully functional and that event staff, marshals and first aid team are fully instructed on the appropriate use of them
- Mobile phone numbers for marshals and first aid team collated by event staff as a back-up means of communication
- Marshals and Medics will all be assigned clear identifiers related to their location on course to provide clear messaging.
- Marshals will be clearly briefed prior to the event.

SPECIFIC HAZARD IDENTIFICATION FOR THIS EVENT

IDENTIFIED HAZARD

Hazard

1) Other recreation area users .

Control

- *Erect warning signs before the event for the public.*
- *Ensure all NMTBC members are notified of the event.*

- *Trailforks closures in place*
- *Marshals on site to inform other users of the event.*

Hazard

2) Rider injured on course.

Control

- *First Response - Have access gates unlocked. Event Medic must carry a course map.*
- *2nd Response –Club Medic care phone ambulance.*

Hazard

3) Tree Fall

Control

- *Set up parking & event village outside of the trees, track to be assessed before practice runs and race runs.*

Hazard

4) Fire

Control

- *No smoking Signs*
- *Smokefree Event*
- *Liaison with FENZ*
- *Fire extinguishers on site*
- *Marshals Briefed*
- *Evacuation Point (Sharlands Carpark)*

Hazard

5) Vehicle movements/traffic

Control

- *Parking/Traffic Management Person*
- *Direction signs for vehicle movements*
- *Event Village and Competitors located away from car park and road - Drivers have a separate briefing*
- *Riders and Marshalls briefed of vehicle movement risk and to be aware*

Hazard

6) Inclement/Extreme Weather

Control

- *Monitor Weather forecast and call off event if weather is deemed to be extreme - Continue to monitor weather during the event and call off if risk of injury is deemed to be too great.*
- *Advise riders to ride to the conditions and within their limits at race briefing. - Advise riders and spectators to wear weather-appropriate clothing.*