

Round 5

19th & 20th February 2022

Location Nelson

Race Guide





1. WELCOME

MTBNZ

On behalf of the Mountain Bike New Zealand (MTBNZ) Executive Committee, I'd like to extend a warm welcome to athletes, supporters and spectators to the final round of the 2022 National DH Series - Round Five.

This event will see riders ranked amongst the best in the world competing for Championship titles. MTBNZ wishes all competitors the very best and we look forward to an exciting and fair race!

Ryan Hunt

President, MTBNZ

UPDATE

As we are now in Red under the Government traffic light system and the updated guidance received from CNZ, the program for this event has changed significantly.

All details are noted in the relevant sections below, but in summary, this event will now be over 2 days with no spectators, and limited support crew per rider. All riders and support persons are required to have pre-registered and will be required to show a vaccine passport when entering the event area.

Saturday the 19th will see NON-UCI Categories having practice, seeding and race run.

Sunday the 20th will see UCI categories having practice, seeding and race run.

Thanks in advance to CNZ, MTBNZ, NMTBC Event crew, Trail crew, Volunteers and Riders and support teams for playing their part in these changing times.

Let's Race!

Jono Corfield

Nelson Mountain Bike Club

2. KEY CONTACTS

Event Manager: Jono Corfield- 0273305089

DH Course Manager: Grant Gale- 021 533 750

MTBNZ President: Ryan Hunt - 027 8730516

Chief Commissaire (PCP): Ryan Cooney- 021 824980

3. EVENT WEBSITE & SOCIAL MEDIA

[Mountain Bike New Zealand](#)

[MTBNZ Facebook](#)

[Nelson Mountain Bike Club](#)

4. EVENT LOCATION

Sharlands Mountain bike park

291 Maitai Valley Road, Maitai, Hira Forest 7010

The event itself will be a fenced area which is not open for public access. Only competitors and their allocated support person (if needed) will be allowed into this area. COVID-19 Vaccine passports will be checked upon entry into this area.

5. PARKING

There will be a short walk/bike from the parking area to the Event village.

Vehicles will be given access for gear drop off, but then must return to the parking area.

There will be limited space for riders' tents.

6. RACE HQ

Race HQ will be at the finish of the track. Some tents will be provided for shelter and there will be a limited supply of Water.

Due to location please note the following:

There is no mobile phone coverage or wifi in the race village.

Any sales within the Race Village will be CASH ONLY

7. UPLIFT

This will be a fleet of Bike trailers, towed by 4wds and Minibusses. Once the vehicle(s) are loaded and the route is clear, the vehicle(s) will leave.

All riders to load their own bikes, all riders to tie their own bikes on, bikes on the trailer are the responsibility of the rider.

Face masks to be worn at all times around Trailers and Shuttles (off and on), Mask also needs to be appropriate and aligned to rulings from Feb 4th, 2022

8. ENTRIES and RACE REGISTRATION

Online entries are available through the event website here: - www.mtbnz.org.nz

Online entries for all categories close on Wednesday prior to event at midnight.

Rego is at Race HQ on both days at 7:45am-8:45am.

No entries on the day.

Entries limited as per Government/ CNZ guidance

Face masks will be **required** when entering the event area (Mask also needs to be appropriate and aligned to rulings from Feb 4th, 2022), registering on race day, when in face to face contact with an official/marshall/volunteer and on the shuttle vehicles.

Face masks are strongly encouraged at all other times when not actively riding.

If a person attends this event and is displaying COVID-19 symptoms, they will be asked to leave. If Nelson is not their home, they will be asked to self-isolate in a vehicle, at accommodation or other place until MOH can be contacted.

9. TIMING AND NUMBER PLATES

All riders will be issued with a unique number plate. This must be attached to the front of your bike at all times including during practice. Riders are not permitted to cut, bend, fold or otherwise modify the race plate. No stickers, written text or other forms of advertising are to be placed on the number plate by the rider without the express permission of the PCP or event organiser. Riders must securely fasten a number plate supplied by the race organiser on the front of the bicycle before commencing practice or race

Timing will be via SPORTident system with chips issued to riders at registration. These are to be worn on the identified wrist by the rego team and will be checked before seeding and race run.

All racing chips are to be returned. There will be a cost of \$100 for non-return.

10. FOOD SUPPLIES

No Food supplied due to current Covid level

Coffee cart on site

11. FIRST AID

A paramedic and a medic tent will be located at the event village. A support vehicle will also be around the course. Medical coverage will be provided by Peak Safety.

We also have First aid trained crew on course and located around the venue.

The nearest A&E is Nelson Hospital Franklyn Street Nelson.

12. WITHDRAWAL from race

If withdrawn from the race, timing chip and race plate to be returned to Rego tent.

Starter will then be advised.

13. ACCOMMODATION

Multiple accommodation options available in Nelson:

<https://www.nelsontasman.nz/visit-nelson-tasman/plan-your-trip/accommodation/>

14. LICENSING

All entries in UCI Categories must be 2022 UCI Annual licence holders.

All entries in Non-UCI Categories must be a 2022 UCI Annual licence holder or purchase a Cycling New Zealand one-day licence at the time of entry.

All NZL riders are also required to be a member of an affiliated MTB Club.

15. CATEGORIES

The following event categories are available for both male and female. Ages are calculated as at **31 December 2022**.

UCI Categories

Elite

U19

NON-UCI Categories DH

U15 - For riders aged 13 (minimum) or 14

U17 - For riders aged up to 16

Senior - For riders aged up to 29

Masters 1 - For riders aged 30 - 39

Masters 2 - For riders aged between 40 - 49

Masters 3 - For riders aged 50+

16. Event PROGRAMME

Saturday 19th February 2021- NON-UCI Categories DH

Time	Race	Action
7.45am	Vollys	Marshall/driver/first aid briefing
7:45am	Registration	Registration Open
8:15am	Vollys	Marshall/ Medic uplift
8:45am	Registration	Rego Closed
8:45am	Shuttles open	Loading for first uplift
9:10am	Practice Runs	Practice Runs (All Riders) - at least three runs
12:15pm	Practise End	No Riders on Course
12:30 - 1:00pm	Lunch break	12:30 - 13:00 NO RIDERS ON COURSE
12:50pm		Compulsory race briefing
1:00pm	Shuttles Open	First riders loading for uplift
1:30 - 2:30pm	DH	Seeding runs
3:00 - 4:00pm	DH	Race runs
4:30 - 5:00pm	End	Prize giving- 1m distancing at all times

Sunday 20th February 2021- UCI Categories

Time	Race	Action
7.45am	Vollys	Marshall/driver/first aid briefing
7:45am	Registration	Registration Open
8:15am	Vollys	Marshall/ Medic uplift
8:45am	Registration	Rego Closed
8:45am	Shuttles open	Loading for first uplift
9:10am	Practice Runs	Practice Runs (All Riders) - at least two runs
12:15pm	Practise End	No Riders on Course
12:30 - 1:00pm	Lunch break	12:30 - 13:00 NO RIDERS ON COURSE
12:50pm		Compulsory race briefing
1:00pm	Shuttles Open	First riders loading for uplift
1:30 - 2:30pm	DH	Seeding runs (U19/ Elite running last)
3:00 - 4:00pm	DH	Race runs (U19/ Elite running last)
4:30 - 5:00pm	End	Prize giving- 1m distancing at all times

16. RACE COURSE



[Nelson, Kaka R3 Nationals DH trail](#)

17. RULES & EQUIPMENT

The race will be run under the MTBNZ Technical Regulations, available at:

<https://www.mtbnz.org.nz/file-share/f04e9399-d2a8-4047-bda9-d7a78f6a8ca2> Rules that apply include:

- All riders must wear a correctly fitting helmet of the appropriate standard.
- The MTBNZ Protection policy will be enforced. Riders will be checked when loading onto shuttles. You will NOT be allowed to race with non-regulation equipment.
- The use of helmet, chest and similarly mounted cameras is at the discretion of the PCP. Prior approval must be sought.
- No headphones to be worn while racing.
- No E -Bikes
- Bicycles must conform with current UCI regulations.

18. TRACK ACCESS PRIOR TO EVENT

Due to the change in the program to racing over 2 days, there is now no official track walk. The trail will be open for a self guided track walk from 12pm on Friday the 18th February leading up to the event.

There are also some great alternative trails such as [Broken axe](#) or [Fringe DH](#) which can also be practiced on by private shuttles in the lead up to the event which can be booked through [Gravity Nelson](#) or [Helibike Nelson](#).

19. HEALTH AND SAFETY

The race is being held under the COVID-19 Protection Framework Red Light Setting. The event COVID-19 Response Plan has been developed in conjunction with CNZ, MTBNZ and Worksafe. All constraints placed on competitors and crew have been done so with the aim of safeguarding the health and safety of everyone involved. Please abide by the requirements and follow the instructions of the race volunteers when asked.

We are committed to providing and maintaining high health and safety standards by ensuring that all risks and hazards associated with the event are adequately identified and managed to prevent harm. The safety of the riders, officials, volunteers and spectators have been included in the event planning. This includes (but is not limited to) course inspections, course marking, directional signage, hazard warning signage, communications and first aid provisions. If you have any questions or concerns regarding Health and Safety please report to the Chief Commissaire or to the Event Manager.

Notes:

- The event courses are designed for mountain biking and a certain amount of skill is required. By participating in this event, you are acknowledging that you have a sufficient level of experience and skill to ensure your own safety.
- It is your responsibility to manage your own safety during the event, to be aware of other park users at all times and to make responsible decisions.
- The event is held in an outside environment and weather conditions are likely to be very changeable. Ensure that you are prepared for inclement, adverse or extreme (hot or cold) conditions. If you withdraw from the race you must report back to the timing marquee at the finish line and advise an official.
- In the case of an evacuation, all riders are required to exit the course and report to the timing marquee to confirm their whereabouts.
- The entire event is smoke, drug and alcohol free. Please ensure that all your supporters are aware of this.

20. ADDITIONAL NOTES

- No UCI points are available.
- No prize money will be awarded.

DH protective requirements of the MTBNZ regulations

6.2. Downhill Protective Equipment Requirements: Junior - U15/17 (Includes U13, U14, U15, U16, U17 School grades)

6.2.1 The following items are mandatory:

Full Face Helmet - Any 1 or 2-Piece helmet with approved Safety Certification (see below) is permitted

- 'Enduro Style' 2 Piece helmets with removable Chin-bar are permitted if they meet the approved Safety Certification below. Note the Chin-bar must be attached any time the rider is on course
- Must achieve one of the following approved Safety Certification standards: ASTM-F1952 (ASTM for DH), UN/ECE Reg No. 22, AS 1698, NZ5430, British standard BS 6658 or Japanese standard T8133
- If you are unsure whether your particular helmet meets the required standard, please consult your helmet manufacturer's information

Neck Brace

- Leatt (leatt.com) or similar to work in conjunction with the Full-Face Helmet

Elbows/Forearm Protection - Regardless of the length of shirt with the following properties:

- Self-fastening - does not require auxiliary fastening devices to secure to the body
- Can be standalone elbow protectors or as part of a protective suit e.g., full body, half body or vest
- Can be elbow only or combined elbow/forearm protection

Knee/Shin Protection - regardless of the length of short/pant with the following properties:

- Self-fastening - does not require auxiliary fastening devices to secure to the body
- Can be standalone leg protectors or part of a protective suit e.g., full body, half body or vest
- Can be one piece knee/shin protectors or separate knee and shin padding

6.2.2 The following items are highly recommended:

Spinal Protection

- Self-fastening - does not require auxiliary fastening devices to secure to the body
Cover full length of back (spine) from between shoulder blades to tail bone, Can be fully, partially or non-articulated in design
- Can be standalone back protectors or part of a protective suit e.g. full body, half body or vest
- Motocross style “roost guards” are NOT PERMITTED unless with a specific back protector, not just a rear roost deflector

Shoulder Protection

- Self-fastening - does not require auxiliary fastening devices to secure to the body
Outer shell should be constructed of a solid material e.g. Hard Shell Plastic
- Can be standalone shoulder protectors or part of a protective suit e.g. full body, half body or vest

Hand Protection

- Full Finger Gloves

6.3 Downhill Protective Equipment Requirements: Seniors: U19, Elite, Masters (includes U20 Boys in Schools grades)

6.3.1 The following items are mandatory:

Full Face Helmet - Any 1 or 2-Piece helmet with approved Safety Certification (see below) is permitted

- 'Enduro Style' 2 Piece helmets with removable Chin-bar are permitted if they meet the approved Safety Certification below. Note the Chin-bar must be attached any time the rider is on course

- Must achieve one of the following approved Safety Certification standards: ASTM-F1952 (ASTM for DH), UN/ECE Reg No. 22, AS 1698, NZ5430, British standard BS 6658 or Japanese standard T8133
- If you are unsure whether your particular helmet meets the required standard, please consult your helmet manufacturer's information

Elbows/Forearm Protection

- Long sleeve jersey giving at least 3/4 arm cover, preferably to the wrist, **OR:** Short sleeve jerseys worn with elbow protectors with the following properties
- Self-fastening-doesnotrequireauxiliaryfasteningdevicestosecuretothebody o Can be standalone elbow protectors or as part of a protective suit e.g. full body, half body or vest
- Can be elbow only or combined elbow/forearm protection
- Short sleeved jerseys (elbow and above), when worn without elbow protection are **NOT PERMITTED**

Knee/Shin Protection

- Long leg pants giving full cover to the ankle, **OR:** Short leg pants worn with knee protectors with the following properties:
- Self-fastening-doesnotrequireauxiliaryfasteningdevicestosecuretothebody
- Can be standalone leg protectors or part of a protective suit e.g., full body, half body or vest
- Can be one piece knee/shin protectors or separate knee and shin padding
- Short leg pants (above ankle), when worn without knee protectors re **NOT PERMITTED** 6.3.2

The following items are highly recommended:

Spinal Protection

- Self-fastening - does not require auxiliary fastening devices to secure to the body
- Cover full length of back (spine) from between shoulder blades to tail bone
- Can be fully, partially or non-articulated in design
- Can be standalone back protectors or part of a protective suit e.g., full body, half body or vest
- Motocross style "roost guards" are **NOT PERMITTED** unless with a specific back protector, not just a rear roost deflector

Shoulder Protection

- Self-fastening - does not require auxiliary fastening devices to secure to the body
Outer shell should be constructed of a solid material e.g., Hard Shell Plastic

- Can be standalone shoulder protectors or part of a protective suit e.g., full body, half body or vest

Neck Brace- Optional

- Leatt (leatt.com) or similar to work in conjunction with the Full-Face Helmet.

Hand Protection

- Full Finger Gloves